



Brookland Junior School News



03rd November 2023

This Week:

In assembly this week, Mr Khan our Assistant Head Teacher and computing lead, explored scenarios and checked the children's understanding of how to keep safe and act responsibly online. Online safety has been part of our computing curriculum for all year groups last half term and Mr Khan was impressed by everyone's knowledge and sensible suggestions. One of the things we highlighted is that it is important to speak with our parents about what we do online and I would encourage you to include day to day chat at home about what you and your children are looking at and doing online. We have also been enjoying singing together, thinking about our Brookland Value of Friendship and looking at super shoes in sport and whether they are fair or not. We also talked about firework safety.

Year 6 have completed their fabulous Art project on perspective inspired by LS Lowry. Here are some of their work, including a very special one by Queenie in 6D.



School Council trip to the Houses of Parliament:

We took public transport to the Houses of Parliament and got a tour. First we headed to the House of Commons and were told that we can't sit down due to the respect required as only MPs can sit down. We explored the House of Commons and we noticed shields on the walls which were to remember those who had died in service as MPs. There was a lady who tied herself to a statue to protest against women not being able to vote. These were called suffragettes. We were advised by MP Nicola Aiken, who represents Westminster, to pursue other careers before becoming an MP. Whilst walking down The Strand, we saw No. 10 Downing Street and Big Ben in the distance as well as military personnel. MP Hannah Bardell, who represents Livingston, told us a piece of advice: always listen to everyone's opinion as everyone deserves a say. We had a fabulous day and had a marvellous experience. We would like to thank the parents that made this trip possible, Mr Greenhouse and Miss Clayton" The School Council.



Match Report:

"On Friday, The Brookland Football team played a game against Blessed Dominic. Mr A our amazing coach gave us a team talk. The game started with Brookland piling on the pressure and we eventually scored! The game ended with Brookland smashing it and winning 11-1. A brilliant team performance!!!! Rafi J 5 goals, Uri 2 goals, Ollie 2 goals, Vlad 1 goal & Noam 1 goal!" Rafi 5A





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Loomband Sale:

"On the 31st of October, we had a Loomband Sale to help our school. We enjoyed selling them and raised over £30.00. It was set up in the bottom playground for year 5 and also year 3s! We were glad everything went well and we would like to thank Miss Christie for helping us!" Jack, Negin, Fatima & Noa 5A



Bake Sale:

"On Wednesday the 1st of November, 5E had a Bake Sale to raise money for the British Red Cross. We made loads of baked goods such as brownies, cupcakes, chocolate strawberries & cookies. We made a really good team. Thank you to everyone who bought from us. WE MADE A WHOOPING £282.46. From Dylan and 5E. We are the charity champions!!!!!!!!!" Dylan, Maya, Sadie, Ella, Archie



Stress Awareness Week

From 30 October 2023 to 3 November 2023, it is international stress awareness week

This week is to highlight the ways stress can affect us all, and some things you can implement to manage stress before it becomes a problem. Stress is the feeling of being under too much mental or emotional pressure. Millions of people around the UK experience stress. The Mental Health Foundation estimates 74% of us have felt so stressed we have been unable to cope. The biological response to stress is the production of adrenaline and cortisol, the 'fight or flight' reaction. This reaction can be beneficial to inspire task completion, and these hormones usually return to normal after the action. However, chronic stress can manifest into physical symptoms such as raised blood pressure, heart rate, skin conditions, depression, and weight changes among other things.

Mental Health UK have a page dedicated to stress, including downloadable stress tips.

<https://mentalhealth-uk.org/help-and-information/stress/>

Personally, I find the NHS mood checker a helpful resource to stop and think about my stress levels from time to time and I also have the A-Z of mental health poster on my wall which is full of simple positive ways to keep good mental health Attached to this newsletter. I hope you find them useful too.

https://assets.nhs.uk/tools/self-assessments/index.mob.html?cookie_consent=true&variant=44



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03rd November 2023



Year 5 have been writing setting descriptions inspired by the book Cosmic:

"Yesterday Year 6 took an explosive trip to the breath-taking Enchantment Land. We were all thunderstruck by the pure sight of it. Much to our mirth, there were dozens of rides, all lit up with tint. It was even more merry and bright than I had anticipated. We gazed up at the dizzying heights of various rides in different shades of violent reds and maroons. I was extremely tickled on what to go first. I reluctantly ambled toward the Cosmic." Levon 5A

"Yesterday, the year 6 went to the incredible Enchantment Land. None of us had been here before; the first ride we saw was the Cosmic. When we entered, we could see people turning around and hear people screaming. We got in and we smelt popcorn and candy floss and tasted the fresh air. There were lots of rides, some were very big and some were small. Some of the rides even went upside down. There were lots of stalls that sold popcorn, candy floss, hotdogs and burgers. In the very middle of the fair there was an enormous Ferris wheel, it was the size of two buildings. Next to the Ferris wheel was the Cosmic so we went into the line." Hugo 5A

Year 6 have been crafting reports based around their World War II topic and the book, The Lighthouse:

"In the early hours of Thursday 22nd February, two evacuees brought in a little boat which is believed to be filled with Jewish refugees off the coast of Budmouth Point in Devon.

Evacuees, Louie Bradshaw and Esther Jenkins from London discovered a small boat with refugees escaping the Nazis' tyranny. They used a meter long rope and torch as they somehow pulled the boat to safety. They had to look out for the quick sands and rocks and humongous waves. It is unknown how they were there to save the boat at such an ungodly time." Tasneem 6L

"In the dark hours of Saturday the 06th 1941, two evacuees coming from London all the way down to Budmouth Point here in Devonshire have recently just rescued a boat filled with refugees coming all the way from Northern France to escape the tyranny of Hitler. The two refugees which are just under 14 (Olive Bradshaw & Esther Jenkins) heaved in a boat with exactly 30 people including a 5 day old baby name Reuben. Mrs Queenie, a local residing in Bdumouth Pointe, stated: "It was an astonishing event to believe that 2 young girls pulled in such a huge boat up to shore with 30 people especially with the dangers of the beach." (quicksand & sharp edged rocks). Another resident Mr Spratt reported that "Now that we have the refugees where are we going let them stay? Really all the houses are full here!"
Ryan 6L

Gardening Club:

Although the weather forecast did not look promising today, we ventured out and enjoyed planting some bulbs. We are very grateful to Mr Greenhouse who organised the bulb donations through Finchley Pollinator Project. Ms Knight, who is a keen and avid gardener, generously donated some super huge daffodil bulbs. *Thank you, Ms Knight.*

Also, we have harvested our carrots, all organically grown and with lots of care and love. We are looking forward to eating them on Friday.





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Poppy Appeal:

Next week, year 6 will be bringing poppies round to the classrooms if anyone would like to make a small donation for a poppy pin. If you would like to have a wrist band then the Royal British Legion ask for £2 for these.



Next Week:

Week of 6th November: Maths Problem Solving Focus Week- thank you Miss Lally

Monday 6th November: Circus Skills Workshop for Year 3

Tuesday 7th November am: NHS nasal flu vaccinations Y3,4,5,6

Tuesday 7th November 4-7pm: Parent Consultations

Thursday 9th November 4-7pm: Parent Consultations

Friday 10th November 9.00am: 6L Class Assembly on WWII and Remembrance parents warmly invited to watch and stay for coffee if you have time

Further Ahead:

Week of 13th November: Anti bullying focus week

Tuesday 14th November 6pm: Full Governing Body Meeting in Infant School

Wednesday 15th November: Year 4 visit to Natural History Museum

Thursday 16th November am: Chelsea and Barnet FC y5/6 football tournament

Friday 17th November: Wear something red for show racism the red card anti-bullying focus

Friday 17th November: Year 6 talk from Louise Foreman about the Holocaust

Wednesday 22nd November: Group of pupils to attend anti- bullying workshop at Hendon School

ATTENDANCE AND PUNCTUALITY

PERIOD: Monday 30th October - Friday 03rd November

Class	3B	3G	3HD	4K	4R	4S
ATTENDANCE%	97.50%	97.93%	95.71%	94.08%	98.0%	95.52%
PUNCTUALITY%	99.64%	99.31%	99.29%	99.34%	96.00%	99.31%

Class	5A	5AM	5E	6D	6L	6P	Whole School
ATTENDANCE%	96.67%	96.33%	92.41	97.00%	97.65%	97.14%	96.31%
PUNCTUALITY%	99.67%	98.33%	99.31%	98.33%	97.65%	99.64%	98.90%

Well done to **3G** for having the highest attendance this week.
 Congratulations to **5A** for having the highest punctuality this week.

Mrs Lake