



# Brookland Junior School News



9<sup>th</sup> February 2024

## This Week:

In Assembly this week, we held our Head Teacher Award Assembly, congratulated the children chosen by their teachers for always putting Brookland Values and Learning Skills into action, thanked them for the positive impact they have on everyone around them and shared some of the many ways the whole school has used Brookland Values and Learning Skills this half term. As always, it was the highlight of my week to have afternoon tea with you!



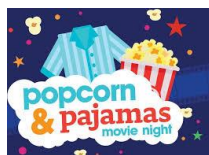
Congratulations to 4S on a fabulous Victorian Class Assembly. Such an enthusiastic, confident and entertaining performance, sharing so much information about Victorian inventions and school. Your parents and the whole school were very impressed with your singing, tech skills, acting and great accents! A wonderful team effort!



Thank you to the impressive number of Brookland parents who came to ECP's online safety workshop and for your positive feedback. Mr Khan has sent the slides to you through dojo and attached with this newsletter. All year groups also held workshops with ECP's expert who was particularly impressed with our children's knowledge and engagement with this topic. Thank you to Mr Khan and Mrs Yadav for organising and for all their work supporting computing and technology across the school.



Thank you to our hard working and all round fabulous PA team for organising two PJ Party Film nights in one week! Thank you to all the parents and staff who helped out. The children had a great time! *"The nice parents in the PA organised a Pyjama/movie party. It was a fun and exciting experience. We were allowed to bring our snacks and wore our pyjamas. We watched night at the museum which was a good and thrilling movie. We had lots of fun."* Jamie & Rocco 6D





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## Mental Health Week:

*"We have been looking at mental health this week. "Mental Health is coping with your ups & downs. It is about your emotions and thoughts and feelings and understanding them. Stigma is created because people are scared of what others may think. Everyone must show an understanding towards mental health so people are not worried to share their thoughts, feelings and emotions"*

Buse and Ari *"3G had really thoughtful and sensible conversations about good mental health and they used their zones of regulations as a spring board to discuss feelings, coping strategies and methods they use to help them. What a great Class."* Mr Greenhouse

Thank you to Miss Christie and Beyond for arranging the wellbeing workshop on Wednesday and well done Miss Christie and our amazing children for being brave enough to be interviewed by the BBC about such an important topic.

*"On Wednesday 7<sup>th</sup> February some children got to go on a Sound Bath Workshop. There was a lady who played crystal bowls and the vibration cleared our minds and relaxed us. The BBC came in and filmed our session to talk about children's mental health. 4 children (Kaylum 6P, Lyra 6L, Noam 6AM and Omer 5A) got interviewed about children struggling and coping with mental health and our interview came out on BBC London News of the 8<sup>th</sup> of February at 6:30pm. We had so much fun and were so serene and relaxed."* Lyra 6L *"It felt like a miracle! I really now love The Green Zone Feeling. It was just mystical and I don't know how to describe it!"* Billie 5AM *"It was a calm & relaxing experience. My favourite thing was the crystal bowls. I recommend you to try a Sound Bath. I also liked when The Rain Stick started and apparently it lasts for 7 minutes."* Jamie 6D *"It sounded like 50 waves crashing against my body. A relaxing place to calm down. I have never been more relaxed in my life. I felt like I could just fall asleep. I was beyond calm like sound waves (crashing against my ears) I felt I was just at the seashore."* Arlo 5AM



The sound healing workshops were a resounding success and left children feeling calm, grounded and in a deep state of relaxation. If you'd like to find out more about Estelle and her sound healing workshops for children, here is the link: <http://www.thelondonsoundhealer.co.uk/> She is based in Muswell Hill so quite local to us.

Happy Marlo, a company focusing on wellness and mindfulness for 3-11 year olds enabled us to experience the sound healing workshop and they are offering our Brookland families a discount on the Happy Marlo Feel-Good Cards with tricks, tips and activities rooted in breath work, tapping, sound healing and nature. Just use the QR code to send off for your discounted pack. <https://www.happymarlo.com/>



Help your kids FEEL-GOOD today with our amazing new wellbeing activity cards!

At Happy Marlo we're focused on empowering ALL the little humans with big feelings. We understand that being a child these days can be tough, and being a grown-up responsible for these kids can be just as tricky. But we're here to help - your kids will love these cards, and you'll love the difference they make.

Happy Marlo's Feel-Good Cards feature 25 wellbeing prompts, which children can come back to time and again, helping them to feel and know that they're enough, just as they are!

Designed with love and jam-packed with games, challenges, tips and tricks, our cards will help your little kiddos exercise, build, and strengthen their emotional muscles.

We're delighted to share a 10% discount with you. Visit our shop today to get your hands on these life-changing cards!

£15 ~~£13.50~~



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## Also This Week:

*"Xander's dad Mr Ikram in 3HD came to talk about his job. He has the exciting job of creating video games. He explained he is one of the visual creators of the Last of Us video game which is also a famous TV Series."* Jamie & Rocco 6D



An intrepid group of mathematicians attended the Guildhall Maths Challenge *"It was hard but fun. I especially liked the card puzzle. The hardest part was pentagonal prisms which was when you had to make shapes together to make a rectangle. We had to take the tube which was very squished. Sadly we didn't win but I knew it is more important to have fun. Thank you Mr Sacky for taking and supporting us"* Bohan & Jacob 5A



Many classes were celebrating having filled up their marble jars today. *"On the 9<sup>th</sup> of February, our class had our Marble Jar Treat. We made smoothies with our class teacher Mrs Pejakovic. We really enjoyed trying out different combinations for our smoothies and the movie was great. Personally, my favourite was strawberry, banana and milk! We really enjoyed it!"* Liya & Gabrielle 6P

## Congratulations

Congratulations to Kaylum in 6P who, as well as featuring on the news this week, has achieved 4<sup>th</sup> in the swimming national rankings for the 200m butterfly. This represents many, many hours of training, early mornings, resilience and dedication from Kaylum and his family and is a testament to his talent, energy and determination. 8 lengths of butterfly is no mean feat for anyone let alone at your speed. Well done Kaylum a fantastic achievement!

## Next Week:

**Monday 12<sup>th</sup> - Friday 16<sup>th</sup> February: HALF TERM HOLIDAY SCHOOL CLOSED**

## Further Ahead:

**Monday 19<sup>th</sup> February 8.50: Back to school for everyone**

**Wednesday 21<sup>st</sup> February:** Y3 Stone Age Trip to Gunnersbury Park

Friday 23<sup>rd</sup> February: Y4 Girls football team match on Christ College astro pitch

**Week of 26<sup>th</sup> February:** Geography and Environment Focus Week: Our Eco City





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Dear parents/carers,

Do you have an interesting career in IT and technology? Would you be interested in sharing your expertise and experiences with our Brookland children?

As part of our computing curriculum, we are looking to broaden aspirations for all our pupils and help them to make connections with the subject and potential careers.

We are looking for any interested parents/carers to do a short talk in an assembly for about 10 minutes about their career in technology and answer some questions from pupils.

Please contact Mr. Adjudani to arrange a time [kasra.adjudani@brooklandjnr.barnetmail.net](mailto:kasra.adjudani@brooklandjnr.barnetmail.net)



## Golden Sentences in Big Writing this week:

*"A towering giant of steel rose and came to life: every bolt tightened, every panel burnished, every cog attached. The lamp-like eyes widened, then flashed a rainbow of colours: red, blue, purple, white and then .... Green.*

*'Unbelievable. It's perfect!' breathed the awed old man who looked twenty years younger, like a creature who had just let out a deep sigh of relief, who had just embraced life. The mountainous metal beast hobbled its way out, like an unsure baby taking its first step. Grinding its rusty legs and arms, the giant plodded up, up, up ... "No! You can't leave, please, I beg of you! You're my..., you're my..., you can't just ..." spluttered the speechless scientist. Panic! Confusion!"*

Zainab 6P

*"Slowly, the Iron Man took a step; then another one; then one more and started to slowly move to the west 'Wait!' raucously shouted the child but the robot was already far away: on the way to his dream; on the way to the sea; on the way to the cliff."* Sasha 6P

*"A governess looks after children during Victorian times but this was only if your family was rich and can afford a governess. Sadly if you were poor this would not occur. A governess is like a nanny that takes care of the children because their parents were busy. However, some children don't approve of a governess and some Victorian children do."* Blake 4K

*"In a dark alley way, an impoverished, ragged girl came staggering out of the dirt. Exhausted, she fell to her knees, grazing herself as she fell. She cried and cried, calling for her dear goffer until she had no tears left to cry. As she crawled to her feet, she scattered as a shadow appeared."* Nouriel 4K

## Dangerous Driving:

Please be vigilant driving around the school. We would love our children to be able to walk or bike to school and feel safe doing so. Whilst most of our parents are careful and conscientious drivers, there are a very small minority who by driving too fast put our children at risk. Yesterday a drive with number EV19.... Turned around the corner too fast and nearly ran over one of the children who was on their bike and did not pay attention when the child's mum asked them to slow down.



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## Message from Barnet about Dr Bike:

Due to the success of the Dr Bikes in December in Barnet's car parks, particularly among parents/carers and children, there has been demand to continue these into the New Year. I can therefore announce we will continue to run these through January, February and March at the following locations/dates/times on a rotating basis each month:

Location Name	Location Description	Date	Time
Middlesex University	Pavement on The Burroughs outside Middlesex University opposite Babington Rd NW4 4BT	14/02/2024	4pm to 7pm
Temple Fortune	By Bike racks outside entrance to M&S Food Hall at 820 Finchley Road, NW11 6XL	21/02/2024	4pm to 7pm
Stapylton Rd car park	Area immediately to the right of carpark entrance (EN5 4LR)	28/02/2024	4pm to 7pm
Lodge Lane car park	Yellow chevrons immediately to the right of the entrance to the Car Park (opposite NL Auction Rooms N12 8JH)	06/03/2024	4pm to 7pm
Middlesex University	Pavement on The Burroughs outside Middlesex University opposite Babington Rd NW4 4BT	13/03/2024	4pm to 7pm
Temple Fortune	By Bike racks outside entrance to M&S Food Hall at 820 Finchley Road, NW11 6XL	20/03/2024	4pm to 7pm
Stapylton Rd car park	Area immediately to the right of carpark entrance (EN5 4LR)	27/03/2024	4pm to 7pm

The free Dr Bike sessions will be run by qualified bicycle mechanics. Members of the public can take along their bicycles to have a free, full safety check, which includes the condition of tyres, rims, gears, brake function and tyre pressure and adjustments can be made if required, all for free.

## ATTENDANCE AND PUNCTUALITY

PERIOD: Monday 5<sup>th</sup> February - Friday 9<sup>th</sup> February

Class	3B	3G	3HD	4K	4R	4S
ATTENDANCE%	95.0%	97.33%	97.50%	94.19%	94.33%	94.67%
PUNCTUALITY%	98.93%	97.33%	99.29%	99.03%	98.33%	97.67%

Class	5A	5AM	5E	6D	6L	6P	Whole School
ATTENDANCE%	92.33%	93.88%	94.56%	92.67%	96.77%	92.33%	94.62
PUNCTUALITY%	97.33%	98.30%	99.32%	98.67%	97.74%	99.0%	98.40%

Well done to **3HD** for having the highest attendance this week.

Congratulations to **5E** for having the highest punctuality this week.

Mrs Lake