



# Brookland Junior School

## PE Curriculum Overview

### **Intent**

At Brookland Junior school we inspire and encourage all pupils to participate, succeed and excel in physical demanding activities to sustain and improve their health and fitness. Our children enjoy physical activity including competitive sports at a young age. This forms the basis for being regularly active throughout life. Children of all abilities thrive and progress to achieve their potential both as individuals and as a team. We give all Brookland children the skills and confidence to access a variety of sports, dance and gymnastics.

We believe that PE is a foundation for all children to grow and live healthy lifestyles, by giving everyone an opportunity to find the sport that they love through the range of sports that we provide through our tailored and progressive curriculum.

**“You need to have a positive mindset to be a sportsperson. You have to have good sportsmanship, teamwork, determination and be inclusive. You also need to like competing and exercising.”**

### **Implementation**

At Brooklands PE is taught through a structured curriculum building upon skills from the KS1 Infant curriculum and preparing for subsequent years. The key knowledge and skills of each topic are progressively mapped across the key stage to ensure that children develop an understanding of invasion games, dance, gymnastics, athletics, outdoor activities and swimming. The pupils are engaged in a broad range of sports every week for two hours, to engage children and to practise a range of skills that they can apply to sports and in competitions. Specialist platforms such as iMoves are utilised for dance units. Lessons are planned to utilise the grounds of the school, using the range of facilities that school provides including two playgrounds, a field and a swimming pool. For competitions and some after school training we also have the use of an Astro turf pitch located in the adjoining Secondary school. We access specialist coaches and tennis courts at the local Chandos Tennis Centre in year 5 and the swimming pool is run in conjunction with an external provider Swim Tank, the pupils receive swimming lessons for 1 and a half terms each year throughout the key stage.

**“I feel confident with more sports and have improved my agility and stamina.”**

We ensure that our curriculum is further enhanced by providing a lunchtime 30 minute session for classes on rotation through All For Sport, which focuses on the skills that children are acquiring during their PE lesson, we have also collaborated with external providers to showcase athletes to inspire and engage children and increase the cultural capital of sports for everyone. This year we have invested in a new orienteering program, funded by the PE grant, that



# Brookland Junior School

## PE Curriculum Overview

focuses on creating and enhancing their cross curricular links through PE. Brookland Junior School provides opportunities for pupil feedback through our whole school meetings and pupil voice which can influence our PE provision.

Brooklands provides extensive extra-curricular clubs which further challenge and provide access to a range of physical activity. These clubs help foster the Brookland Values and Learning skills especially a spirit of teamwork as well as competitiveness, fairness and good sporting attitudes. The school is a member BPSS (Barnet Partnership of School Sport) who provide a range festivals and competitions throughout the year. Pupils have an opportunity to compete in a range tournaments and festivals, to help promote and challenge their abilities. The school regularly competes and has been successful in the Year 5/6 Mixed and Girls Football tournament, Year 5/6 Netball tournament, Year 3/4 Mixed Football tournament, Athletics Meets, Barnet Copthall Swimming Gala, Tennis Tournament and Cross Country.

A specialist SEN festival of Boccia provides an opportunity for those with SEND to take part in competitive sports and the Dance Festival celebrates Barnet dance performance, providing opportunities for children to represent the school, challenge their skills and show what they have learnt in class and in clubs. Access to the PE grant helps us maintain and improve our resources both physically and through specialist expertise.

### Impact

At the end of the KS2 Brookland children understand how to maintain a healthy body and healthy mind and aware of the link between the two and significance for a healthy lifestyle. Children develop an understanding and the tools to how to be a leader, a good sportsman and team player.

The school often achieves well in local competitions, winning trophies across a range of sports. The school's commitment to PE is shown in our Sports and Games Gold Award.

The vast majority of children will have made expected attainment or exceeded in PE, showing that they meet the National curriculum requirements for the end of KS2.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	<b>Team and Ball skills</b>  <b>Skill Acquisition and Development:</b> Performs underarm throws with control and accuracy, both in isolation and in	<b>Invasion games (form of basketball)</b>  Demonstrates the ability to throw and catch accurately with a partner or teammate, applying	<b>Football</b> Develops technique and control when using the foot to manipulate the ball, demonstrating coordination, balance, and spatial	<b>Net and wall games</b> <b>Tennis</b>  Acquiring and Developing Skills: Demonstrates control and coordination when striking a ball that is accurately fed, using	<b>Athletics</b> Acquiring and developing skills: Develop strength, technique and control when running  Acquiring and	<b>Striking and fielding (variation of cricket)</b> Acquiring and developing skills: throwing a ball with some accuracy at a target. Striking a ball with a



# Brookland Junior School

## PE Curriculum Overview

	<p>combination with other movements, demonstrating coordination and spatial awareness.</p> <p><b>Competitive Play:</b> Applies and adapts tactics and strategies in response to changing situations during co-operative and competitive games, demonstrating decision-making and teamwork.</p> <p><b>Gymnastics</b> Balances on one foot with control, both independently and in collaboration with a partner, demonstrating stability and body awareness.</p> <p><b>Evaluate:</b> Observes and comments on the performance of others using appropriate technical</p>	<p>control and coordination in a game context.</p> <p><b>Evaluating performance:</b> Compares and contrasts their own performance over time, identifying strengths and areas for improvement using appropriate movement vocabulary.</p> <p><b>Gymnastics (New Unit)</b> Balances on one foot with control, both independently and in collaboration with a partner, demonstrating stability and body awareness.</p> <p><b>Evaluate:</b> Observes and comments on the performance of others using appropriate technical vocabulary, identifying strengths</p>	<p>awareness.</p> <p><b>Applying skills and tactics:</b> Varies and adapts movement skills in response to positional roles, applying appropriate tactics when attacking or defending</p> <p><b>Dance (Disco): Performance and Expression</b> Performs a sequence of movements in time with a beat, demonstrating rhythm, coordination, and expressive qualities through a range of dynamic actions.</p>	<p>appropriate technique to maintain a rally.</p> <p>Applying skills and tactics: Selects effective positions to receive the ball, showing awareness of space, timing, and the opponent's actions.</p> <p><b>Swimming</b> Water safety: safe entry into the pool Swimming fluency: Swim using arms and legs on their front 1 width Swim 1 width on front and back correctly</p>	<p>developing skills: Develop and use accurate throwing skills</p> <p><b>Swimming</b> Effective stroke action: Demonstrate an understanding of correct use of breast stroke</p> <p>Water safety: Safe jump into the pool and submerge briefly Swim in a short sleeve top</p>	<p>bat</p> <p>Play competitively: Vary skills and actions to be a competitive when fielding in a game.</p> <p><b>Swimming</b> Swimming fluency: Swim 1 length using a recognisable stroke on their front. Water safety: To use floating and sculling skills.</p>
--	---	---	---	---	--	--



# Brookland Junior School

## PE Curriculum Overview

	vocabulary, identifying strengths and suggesting areas for improvement.	and suggesting areas for improvement.				
Year 4	<p><b>Invasion games (Basketball)</b> Acquiring and developing skills: develop throwing, jumping, catching and running skills in combination</p> <p>Play competitively: Choose a variety of directions, speeds and heights to out play an opponent.</p> <p><b>Swimming</b> Water safety: floating on front and back</p> <p>Effective stroke action: Demonstrate an understanding of correct use of breaststroke</p>	<p><b>Invasion games (Football)</b> <b>Acquiring and developing skills: control and pass a ball accurately</b></p> <p><b>Play competitively: making tactical choices when passing the ball</b> <b>Use the skill of finding space to play competitively</b></p> <p><b>Swimming</b> Swimming fluency: Swim 2 lengths/4 widths using a comfortable stroke</p> <p>Water safety: Complete surface dives from different start positions Swim in a long sleeve top</p>	<p><b>Net and wall games (Tennis)</b> <b>Acquiring and developing skills: hit a ball forehand and back hand</b></p> <p><b>Applying skills and tactics: hitting a ball to from a partner</b></p> <p><b>Swimming</b> Swimming fluency: Swim 4 widths using both front and back strokes</p> <p>Effective stroke action: Swim 2 widths using breast stroke leg actions efficiently</p>	<p><b>Athletics</b> Acquiring and developing skills: -develop effective techniques for running different distances -throw a range of implements into a target area with accuracy and consistency</p> <p><b>Dance (Greece)</b> Perform dances using a range of movements: To replicate strong movements to fit within the 8 or 16 count</p> <p>Evaluate: compare performances and demonstrate improvement</p>	<p><b>Striking and fielding (variation of Cricket)</b> Acquiring and developing skills: -strike a ball with intent -throw the ball more accurately when bowling and fielding</p> <p>Applying skills and tactics: Taking an effective fielding position</p> <p>Evaluate: evaluate technique and adjust to be more effective</p> <p><b>Gymnastics (New Unit)</b> Acquiring and developing skills: Develop technique, strength and control when jumping</p> <p>Demonstrate controlled symmetrical movements on larger</p>	<p><b>Outdoor challenge activities.</b> Support and coach teammates or a partner in challenges</p> <p>Evaluate the performance and suggest ways to improve</p> <p><b>Gymnastics</b> Acquiring and developing skills: Develop technique, strength and control when jumping</p> <p>Demonstrate controlled symmetrical movements on larger gymnastic equipment</p>



# Brookland Junior School

## PE Curriculum Overview

					gymnastic equipment	
Year 5	<p><b>(Invasion games)</b> <b>Netball skills</b> Acquiring and developing skills: -Develop 3 passes in netball</p> <p>Play competitively: -apply a range of attacking strategies: change pace, direction and dodge - Apply knowledge of defensive skill of marking</p> <p><b>Swimming</b> Swimming fluency: Swim 2 lengths using front and back strokes</p> <p>Effective stroke action: Develop stroke action including dolphin legs and fly.</p>	<p><b>Invasion games (Hockey)</b> Acquiring and developing skills: Dribble a ball around a line of cones, keeping the ball close to the stick Play competitively: Participate in organised games using skills and tactics to help the team</p> <p><b>Swimming</b> Effective stroke action: Swim 2 widths using breast stroke arms and legs Water Safety: Tread water for 2 minutes/1 minute with clothing Swim with long leg and sleeve clothing Perform a range of jumps into deep water</p>	<p><b>Invasion games (Rugby)</b> Evaluate: Can work out how well they have performed and described using the appropriate terms</p> <p>Applying skills and tactics Predict what an opponent might do during a game or activity and alter my performance accordingly</p> <p><b>Swimming</b> Effective stroke action: Swim 4 widths/2 lengths using breast stroke actions efficiently Water safety: Dive, retrieve and carry a sinker</p>	<p><b>Net and wall games (Tennis)</b> Acquiring and developing skills: learn how to make and use a volley shot</p> <p>Play competitively: Predict what the opponent may do and alter the tactic accordingly</p> <p><b>Gymnastics</b> Work cooperatively in a group to perform a simple routine involving travelling, flight and balances</p> <p>Use the apparatus safely in order to enhance their routines in a creative manner. Show increasing control, fluency and flair during their performance.</p> <p>Evaluate each other's counter balances using</p>	<p><b>Athletics</b> Acquiring and developing skills: Leap using one foot and landing on two, using arms as assistance</p> <p>Evaluate: Work as part of team, evaluating and refining performance</p> <p><b>Gymnastics (New Unit):</b> Work cooperatively in a group to perform a simple routine involving travelling, flight and balances</p> <p>Use the apparatus safely in order to enhance their routines in a creative manner. Show increasing control, fluency and flair during their performance.</p> <p>Evaluate each other's counter balances using</p>	<p><b>Striking and fielding</b> Acquiring and developing skills: Directing the ball by hitting in a certain direction</p> <p>Applying skills and tactics Predict where a ball may be going and intercept and return accurately</p> <p><b>Dance (Samba)</b> Compose routines and dances by using, adapting and developing steps from the samba style.</p> <p>Perform dances and routines expressively, using a range of performance skills.</p>



# Brookland Junior School

## PE Curriculum Overview

				technical terminology	technical terminology	
Year 6	<p><b>Invasion games (Netball)</b> Acquiring and developing skills: Combine the 3 passes with footwork</p> <p>To play competitively applying attack and defensive skills</p> <p><b>(PGL outdoor activities)</b> <b>Orienteering</b></p> <p><b>Gymnastics</b> -Use a range of balances, rolls and jumps to produce a sequence. With smooth transitions. -Sequence a series of strong, controlled gymnastic moves with smooth transitions on larger equipment -Analyse their own performance and make improvements.</p>	<p><b>Hockey</b> Acquiring and developing skills: To keep control of the ball whilst moving in a variety of directions.</p> <p>Play competitively: Take into count a range of strategies, tactics and routes to success in a game considering the strengths and weaknesses of others.</p> <p><b>Circuits</b> Acquiring and developing skills: Improve strength and control in a set of fitness activities Evaluate: Set challenging goals and evaluate achievements</p>	<p><b>Invasion games (Rugby)</b> Acquiring and developing skills Pass the ball by using a swing pass and intercept a ball when passed</p> <p>Play competitively: Plan a course of action against an opponent based on their strengths and weaknesses</p> <p><b>Dance (Bollywood)</b> Compose routines and dances by using, adapting and developing steps, formations and patterns from the Bollywood style.</p> <p>Provide feedback and critically evaluate their own small dance.</p>	<p><b>Net and wall games (Tennis)</b> Acquiring and developing skills: Hit a ball using a range of shots both accurately and for distance</p> <p>To apply skills and tactics – consider the positioning of a returned ball to gain an advantage</p> <p><b>Swimming</b> Swimming fluency: Swim 4 widths/2 lengths (25m) using stroke actions efficiently</p> <p>Effective stroke action: Develop stroke action contrast breast and fly strokes</p>	<p><b>Athletics</b> Acquiring and developing skills: To explore sprinting techniques To use a range of throwing techniques to throw different sized and shaped objects.</p> <p>Analyse own performance and act on improvements</p> <p><b>Swimming</b> Effective stroke action: Develop back stroke technique</p> <p>Water safety: Perform a straddle jump keeping face clear of the water Perform surface dives, turns and backward roll.</p>	<p><b>Striking and fielding (Rounders)</b> Acquiring and developing skills: Strike a ball with a rounders bat both accurately and for distance.</p> <p>Play competitively: Advise others in the team of the best strategy based on the combined strengths and weaknesses of everyone.</p> <p>Analyse, modify and refine skills and techniques and know how these are applied</p> <p><b>Swimming</b> Water safety: Perform a shout and signal rescue - Rookie lifeguard manoeuvres</p> <p>Swimming fluency: Develop all strokes techniques and</p>



# Brookland Junior School

## PE Curriculum Overview

						distance.
--	--	--	--	--	--	-----------

National Curriculum



# Brookland Junior School

## PE Curriculum Overview

<b>Number</b>	<b>Strand</b>	<b>Objective</b>
1.	<b>Swimming-Swimming fluency</b>	Swim competently, confidently and proficiently over a distance of at least 25 metres.
2.	<b>Swimming-Effective stroke action</b>	Use a range of strokes effectively.
3.	<b>Swimming-Water safety</b>	Perform safe self-rescue in different water-based situations.
4.	<b>General PE</b>	Use running, jumping, throwing and catching in isolation and in combination.
5.	<b>General PE</b>	Play competitive games, modified where appropriate, and apply basic principles suitable for attacking and defending.
6.	<b>General PE</b>	Develop flexibility, strength, technique, control and balance.
7.	<b>General PE</b>	Perform dances using a range of movement patterns.
8.	<b>General PE</b>	Take part in outdoor and adventurous activity challenges both individually and within a team.
9.	<b>General PE</b>	Compare their performances with previous ones and demonstrate improvement to achieve their personal best.



# Brookland Junior School

## PE Curriculum Overview

<b>KEY SKILL THREADS FOR YEAR 3</b>				
<b>Swimming</b>  (Fluency, effective stroke action and water safety)	<b>Acquiring and developing skills and techniques</b>  Develop flexibility, strength, technique, control and balance.	<b>Movement - application of skills</b> Use running, jumping, throwing and catching in isolation and in combination.  Perform dances using a range of movement patterns	<b>Play competitive games (Co-operation and competition)</b>  modified where appropriate, and apply basic principles suitable for attacking and defending.	<b>Analysis and evaluation</b>  Compare their performances with previous ones and demonstrate improvement to achieve their personal best.
<b>Water safety:</b> safe entry into the pool To use floating and sculling skills. <b>Swimming fluency:</b> Swim 1 width on front and back correctly <b>Effective stroke action:</b> Swim 1 length using a recognisable stroke on their front.	Throw under arm in isolation and combination.  Throw and catch accurately to another player.  Develop and use accurate throwing skills  Develop technique and control of a ball with foot  Hitting a ball fed accurately  Can balance on one foot with control with and without a partner in gymnastics  Develop strength, technique and	Applying skills and tactics:  Vary skills in response to player position as an attacker or defender.  Choose good places to receive a ball.  Vary skills and actions to be a competitive when fielding  Perform dances using a range of movements: to the count of a beat.	Vary and respond to tactics, strategies used in a game situation.  Vary skills and actions to be a competitive when fielding in a game.	Comment on the performance of others using technical terms in gymnastics.  Set challenging goals and evaluate achievements – how does achievement make you feel  Compare and contrast their performance over the unit



# Brookland Junior School

## PE Curriculum Overview

	<p>control when running</p> <p>Throwing a ball with some accuracy at a target.</p> <p>Striking a ball with a bat</p> <p>Improve strength and control in a set of fitness activities</p>			
<b>KEY SKILL THREADS FOR YEAR 4</b>				
<p><b>Swimming</b> (Fluency, effective stroke action and water safety)</p>	<p><b>Acquiring and developing skills and techniques</b></p> <p>Develop flexibility, strength, technique, control and balance.</p>	<p><b>Movement - application of skills</b></p> <p>Use running, jumping, throwing and catching in isolation and in combination.</p> <p>Perform dances using a range of movement patterns</p>	<p><b>Play competitive games (Co-operation and competition)</b></p> <p>modified where appropriate, and apply basic principles suitable for attacking and defending.</p>	<p><b>Analysis and evaluation</b></p> <p>Compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p>
<p><b>Water safety:</b> floating on front and back</p> <p><b>Swimming fluency:</b> Swim 4 widths using both front and back strokes</p> <p><b>Effective stroke action:</b> Swim 2 widths using breast stroke leg actions efficiently</p>	<p>Develop technique, strength and control when jumping in gymnastics.</p> <p>Develop throwing, jumping, catching and running skills in combination</p> <p>Control and pass a ball accurately</p> <p>Hit a ball front and back hand</p> <p>Improve strength and control in a set of fitness activities – improve technique of each exercise</p> <p>Develop effective techniques for</p>	<p>Demonstrate controlled symmetrical movements on larger gymnastic equipment.</p> <p>Perform dances using a range of movements: To replicate strong movements to fit within the 8 or 16 count</p> <p>Hitting a ball to from a partner</p> <p>Taking an effective fielding position</p>	<p>Making tactical choices when passing the ball</p> <p>Use the skill of finding space to play competitively</p> <p>Choose a variety of directions, speeds and heights to out play an opponent</p>	<p><b>Outdoor Education/challenge activities:</b></p> <p>Support and coach teammates or a partner in challenges</p> <p>Evaluate the performance and suggest ways to improve</p> <p>Compare performances and</p>



# Brookland Junior School

## PE Curriculum Overview

	<p>running different distances</p> <p>Throw a range of implements into a target area with accuracy and consistency</p> <p>Strike a ball with intent</p> <p>Throw the ball more accurately when bowling and fielding</p>			<p>demonstrate improvement</p> <p>Set challenging goals and evaluate achievements – what has helped to achieve goals</p> <p>evaluate technique and adjust to be more effective</p>
<b>KEY SKILL THREADS FOR YEAR 5</b>				
<p><b>Swimming</b></p> <p>(Fluency, effective stroke action and water safety)</p>	<p><b>Acquiring and developing skills and techniques</b></p> <p>Develop flexibility, strength, technique, control and balance.</p>	<p><b>Movement - application of skills</b></p> <p>Use running, jumping, throwing and catching in isolation and in combination.</p> <p>Perform dances using a range of movement patterns</p>	<p><b>Play competitive games (Co-operation and competition)</b></p> <p>modified where appropriate, and apply basic principles suitable for attacking and defending.</p>	<p><b>Analysis and evaluation</b></p> <p>Compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p>
<p><b>Water safety:</b> Dive, retrieve and carry a sinker</p> <p><b>Swimming fluency:</b> Swim 2 lengths using front and back strokes</p> <p><b>Effective stroke action:</b> Develop stroke action including breast stroke legs and fly.</p> <p>Swim 4 widths/2 lengths using breast</p>	<p>Use the apparatus safely in order to enhance their routines in a creative manner. Show increasing control, fluency and flair during their performance in gymnastics.</p> <p>Dribble a ball around a line of cones, keeping the ball close to the stick</p> <p>Develop 3 passes in netball</p> <p>Improve strength and control in a set of fitness activities</p> <p>Learn how to make and use a volley shot</p>	<p>Work cooperatively in a group to perform a simple routine involving travelling, flight and balances in gymnastics</p> <p>Predict what an opponent might do during a game or activity and alter my performance accordingly</p> <p>Compose routines and dances by using, adapting and developing steps from the samba style.</p> <p>Perform dances and routines expressively, using a range of</p>	<p>Participate in organised games using skills and tactics to help the team</p> <p>-apply a range of attacking strategies: change pace, direction and dodge</p> <p>- Apply knowledge of defensive skill of marking</p> <p>Predict what the opponent may do and alter the tactic accordingly</p>	<p>Evaluate each other's counter balances using technical terminology</p> <p>Evaluate: Can work out how well they have performed and described using the appropriate terms</p> <p>Evaluate: Set challenging goals and evaluate achievements</p> <p>Work as part of team, evaluating and refining performance</p> <p>Advise others in the team of the best strategy based on the combined</p>



# Brookland Junior School

## PE Curriculum Overview

stroke actions efficiently	<p>Leap using one foot and landing on two, using arms as assistance</p> <p>Strike a ball with a rounders bat both accurately and for distance.</p>	performance skills.		<p>strengths and weaknesses of everyone.</p> <p>Analyse, modify and refine skills and techniques and know how these are applied</p>
<b>KEY SKILL THREADS FOR YEAR 6</b>				
<p><b>Swimming</b></p> <p>(Fluency, effective stroke action and water safety)</p>	<p><b>Aquiring and developing skills and techniques</b></p> <p>Develop flexibility, strength, technique, control and balance.</p>	<p><b>Movement - application of skills</b></p> <p>Use running, jumping, throwing and catching in isolation and in combination.</p> <p>Perform dances using a range of movement patterns</p>	<p><b>Play competitive games (Co-operation and competition)</b></p> <p>modified where appropriate, and apply basic principles suitable for attacking and defending.</p>	<p><b>Analysis and evaluation</b></p> <p>Compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p>
<p><b>Water safety:</b> Perform safe self-rescue in different water-based situations.</p> <p><b>Swimming fluency:</b> Swim competently, confidently and proficiently over a distance of at least 25 metres.</p> <p><b>Effective stroke action:</b> Use a range of strokes effectively.</p>	<p>Combine the 3 passes with footwork</p> <p>To keep control of the ball whilst moving in a variety of directions.</p> <p>Pass the ball by using a swing pass and intercept a ball when passed</p> <p>Hit a ball using a range of shots both accurately and for distance</p> <p>Improve strength and control in a set of fitness activities</p>	<p>Use a range of balances, rolls and jumps to produce a sequence. With smooth transitions in gymnastics.</p> <p>Sequence a series of strong, controlled gymnastic moves with smooth transitions on larger equipment.</p> <p>Plan a course of action against an opponent based on their strengths and weaknesses</p> <p>Compose routines and dances by using, adapting and developing steps,</p>	<p>To play competitively applying attack and defensive skills</p> <p>Take into count a range of strategies, tactics and routes to success in a game considering the strengths and weaknesses of others.</p> <p>Advise others in the team of the best strategy based on the combined strengths and weaknesses of everyone.</p>	<p><b>Outdoor Education/challenge activities at PGL:</b></p> <p>Support and coach teammates with specific advice in challenges</p> <p>Work as team to complete challenges</p> <p>Analyse their own performance and make improvements in gymnastics.</p> <p>Provide feedback and critically evaluate their own small dance.</p>



# Brookland Junior School

## PE Curriculum Overview

	<p>To explore sprinting techniques</p> <p>To use a range of throwing techniques to throw different sized and shaped objects.</p> <p>Strike a ball with a rounders bat both accurately and for distance</p>	<p>formations and patterns from the Bollywood style.</p> <p>To apply skills and tactics – consider the positioning of a returned ball to gain an advantage</p>		<p>Set challenging goals and evaluate achievements</p> <p>Analyse own performance and act on improvements</p> <p>Analyse, modify and refine skills and techniques and know how these are applied</p>
--	--	--	--	--



# Brookland Junior School

## PE Curriculum Overview

### School Sport Clubs Intent

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Clubs	School Football Team (Year 5/6)	School Football Team (Year 5/6)	School Football Team (Year 5/6)	School Football team (Year 6 A Coaching; Year 3/4/5)	School Football team (Year 3/4/5)	School Football team (Year 3/4/5)
	Girls Football team (Year 5/6)	Girls Football team (Year 5/6)	Girls Football team (Year 5/6)	Girls Football (Year 6 Girls A coaching Year 3/4/5)	Girls Football (Year 3/4/5)	Girls Football (Year 3/4/5)
	Netball Team (Year 5/6)	Netball Team (Year 5/6)	Netball Team (Year 5/6)	Netball Team (Year 5/6)	Netball Team (Year 3/4/5)	Netball Team (Year 3/4/5)
	Football Team (Year 3/4)	Football Team (Year 3/4)	Football Team (Year 3/4)	Athletics (Year 3-6)	Athletics (Year 3-6)	Athletics (Year 3-6)
	Girls Football Team (Year 3/4)	Girls Football Team (Year 3/4)	Girls Football Team (Year 3/4)	Tennis Club (Year 3/4/5/6)	Tennis Club (Year 3/4/5/6)	
	Cross Country (Year 4-6 )	Cross Country (Year 4-6 )	Cross Country (Year 4-6 )		Cricket Club (Year 5/6)	Cricket Club (Year 5/6)



## Brookland Junior School PE Curriculum Overview

	Netball (Year 3-4)	Netball (Year 3-4)	Netball (Year 3-4)			
Tournaments/Cups/League/Festival	BPSS Football League	BPSS Football League	BPSS Football League	BPSS Football League	BPSS Football League	BPSS Athletic Meet
	BPSS Dick Bailey Cup	BPSS Dick Bailey Cup	BPSS Dick Bailey Cup	BPSS Dick Bailey Cup	BPSS Dick Bailey Cup	Bishop Douglas Year 5 tournament
	BPSS Martins Cup	BPSS Martins Cup	BPSS Martins Cup	BPSS Martins Cup	BPSS Martins Cup	
	BPSS Girls League	BPSS Girls League	BPSS Girls League	BPSS Girls League	BPSS Girls League	
	BPSS Girls Cup	BPSS Girls Cup	BPSS Girls Cup	BPSS Girls Cup	BPSS Girls Cup	
	John King Trophy	John King Trophy	John King Trophy	John King Trophy	John King Trophy	
	BPSS Netball League	BPSS Netball League	BPSS Netball League	BPSS Netball League	BPSS Netball League	Tennis Tournament
	Cross Country	Boccia 'Come Try it Session'	Cross Country			Cricket League
		BPSS Football	BPSS Football			



# Brookland Junior School

## PE Curriculum Overview

			Year 5/6 tournament  BPSS Girls Football Year 5/6 Tournament  BPSS Netball Tournament	Year 3/4 team  Barnet Dance Festival		
--	--	--	---	---	--	--